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Dear Cudas,

It's time to jump in!!! Regular team practice begins Monday, April 26! See the schedule below to determine your practice time. We have lots of fun events coming up, starting with Family Fun Night this Thursday and a Bingo Party next Friday evening before our practice meet. We hope to see you there!

### Practice Schedule

The age group schedule is as follows:

6 & under	4:15 - 4:45
7-8	4:45 - 5:30
9-10	5:30 - 6:15
11 & up	6:15 - 7pm

### Meet Schedule

May 8 - Practice Meet @ Home  
May 15 - Home Meet vs Ponderosa  
May 22 - Away Meet vs Birnam Woods  
May 29 - Away Meet vs Bridgestone  
June 5 - Home Meet vs Lexington Woods  
June 12 - Home Meet vs Westador  
June 19 - Divisionals at Westador

### Calendar Correction

Our website calendar shows a parent meeting scheduled for Sunday, April 25. Please note that this meeting has been cancelled. If you have questions about anything swim team related,

### Family Fun Night this Thursday! 6-8 pm

What better way to welcome spring and kick off the swim season than dinner at the pool with family and friends? We will have our first Family Fun Night this Thursday from 6-8pm. The pool will be open and we'll be serving hamburgers and hot dogs for a nominal fee, so grab your swim suit, a few friends and head on over!



### Bring Us A Sponsor and We Will Refund Your Registration Fee!

Do you have a favorite restaurant that you frequent? Why not ask them to sponsor your swim team? How about your doctor, dentist or orthodontist? Now is the time to ask them! Bring us a \$250 cash sponsor and we will refund your whole family's registration fee! Sponsors will receive free advertising in all of our home meet heat sheets, a fabulous photo plaque to hang in their establishment, and their contribution is TAX DEDUCTIBLE! Contact Kim Newton at [mrsfiq@sbqglobal.net](mailto:mrsfiq@sbqglobal.net) for sponsor forms.



please do not hesitate to ask, call or email.

### **Weather Related Questions**

**Q.** It's raining outside. Will there still be practice?

**A.** A light rain will not interfere with practice. However, if it is raining hard enough that you cannot see the bottom of the pool, practice will be suspended or cancelled. If there is thunder and lightning, we must exit the pool and remain out for 20 minutes after the thunder is heard. If the storm continues, practice will be cancelled. We will post a sign on the pool fence if other age group practices are cancelled.

**Q.** It seems kind of cold outside. Will there still be practice?

**A.** Springtime in Houston is highly unpredictable. It could be 90 one day and 50 the next. The outdoor temperature and/or water temperature should not affect regularly scheduled practices. There are many "dry land" drills that our coaches can do with the swimmers to help them with their strokes when they get back in the water.